

## **Australian Doctor appointed President of World Sleep Federation**

Sydney's Professor Ron Grunstein has been appointed president of the World Federation of Sleep Research & Sleep Medicine Societies (WFSRSMS).

The WFSRSMS represents more than 10,000 sleep scientists, physicians and trainees from over 60 nations and six continents.

Prof. Grunstein said, "I am honored to accept this position, sleep medicine is one of the fastest growing medical specialties and the importance of sleep length and quality a major public health issue."

Professor Grunstein who is Head of the Sleep and Circadian Research Group at the Woolcock Institute of Medical Research in Sydney will be the first non-American president of the WFSRSMS.

He is also a Clinical Professor, Faculty of Medicine at the University of Sydney, a physician at St.Vincent's Clinic and Head of the Centre for Respiratory and Sleep Disorders at Royal Prince Alfred Hospital.

Established in 1987, the WFSRSMS aims to encourage international collaborations, facilitate the generation and dissemination of information, and increase public awareness of the importance of sleep research and the impact of sleep disorders.

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